

Step 3. We made a decision to turn our wills and our lives over to the care of God. *Therefore, I urge you brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God – this is your spiritual act of worship. (Romans 12:1)*

Step 4. We made a searching and fearless moral inventory of ourselves. *Let us examine our ways and test them, and let us return to the Lord. (Lamentations 3:40)*

Step 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs. *Therefore, confess your sins to each other and pray for each other so that you may be healed. (James 5:16)*

Step 6. We were entirely ready to have God remove all these defects of character. *Humble yourselves before the Lord, and he will lift you up. (James 4:10)*

Step 7. We humbly asked Him to remove all our shortcomings. *If we confess our sins, he is faithful and will forgive us our sins and purify us from all unrighteousness. (1 John 1:9)*

Step 8. We made a list of all persons we had harmed and became willing to make amends to them all. *Do to others as you would have them do to you. (Luke 6:13)*

Step 9. We made direct amends to such people whenever possible, except when to do so would injure them to others. *Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your*

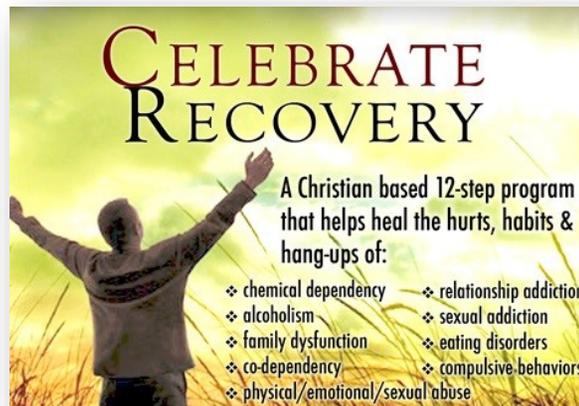
gift. (Matthew 5:23-24)

Step 10. We continued to take personal inventory and when we were wrong, promptly admitted it. *So if you think you are standing firm, be careful that you don't fall! (1 Corinthians 10:12)*

Step 11. We sought through pray and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and power to carry that out. *Let the word of Christ dwell in you richly. (Colossians 3:16)*

Step 12. Having had a spiritual experience as the result of these steps, we try to carry this message to others and to practice these principles in all our affairs. *Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted. (Galatians 6:1)*

At CELEBRATE RECOVERY, fellow strugglers will surround you and you will receive unconditional love and acceptance. Your leaders who facilitate the groups have similar hurts, hang-ups and habits and understand what you are going through.



CELEBRATE RECOVERY

A Christian based 12-step program that helps heal the hurts, habits & hang-ups of:

- ❖ chemical dependency
- ❖ alcoholism
- ❖ family dysfunction
- ❖ co-dependency
- ❖ physical/emotional/sexual abuse
- ❖ relationship addiction
- ❖ sexual addiction
- ❖ eating disorders
- ❖ compulsive behaviors



A Christ-Centered Ministry to help you overcome the Hurts, Hang-Ups and Habits in your life

Celebrate Recovery is a free of charge program that meets every Monday night at Turnpike Wesleyan Church ... 2224 Military Turnpike, Plattsburgh, NY 12901 from 6 - 7:30 pm. Meetings held in the Fellowship Hall - Child Care Provided.

CR provides the freedom and healing you have been looking for ...

***Check out CR's Website:
www.celebraterecovery.com***

Contact Information

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Church Web: tpkewc.org**

CELEBRATE RECOVERY

a remedy for life's hurts, hang-ups & habits



CELEBRATE RECOVERY - is based on God's Word, the Bible:

- ◇ is forward-looking
- ◇ emphasizes personal responsibility
- ◇ emphasizes spiritual commitment to Jesus Christ
- ◇ utilizes the Biblical truth that we need each other in order to grow spiritually and emotionally
- ◇ addresses all types of hurts, habits, and hang-ups
- ◇ puts strong emphasis on accountability
- ◇ emphasizes growth and healing in the context of a recovery group "Higher Powered by Jesus Christ"

CR is not ...

- ◇ Therapy
- ◇ A quick fix
- ◇ A place for perfection
- ◇ A place to judge others
- ◇ A long-term commitment
- ◇ A place for selfish control
- ◇ A place to look for dating relationships
- ◇ A place to rescue or be rescued by others

Our **CELEBRATE RECOVERY** meetings

are open to everyone. Come join us as we enjoy a time of music, teaching, amazing stories of transformed lives, and small group discussions designed to provide the strength to overcome life's problems. We want to personally invite you to come and check out a meeting. No one will do anything to embarrass you or put you on the spot. Our goal is for you to find freedom and peace in every area of your life.

Road to Recovery

Eight Principles Based on the Beatitudes

Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. Happy are those who know they are spiritually poor.

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover. Happy are those who mourn. God will comfort them.

Consciously choose to commit all my life and will to Christ's care and control. Happy are the humble.

Openly examine and confess my faults to myself, to God, and to someone I trust. Happy are the pure in heart.

Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects. Happy are those whose greatest desire is to do what

God requires.

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others. Happy are the merciful. Happy are the peacemakers.

Reserve a daily time with God for self-examination, bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.

Yield myself to God so I may be used to bring this Good News to others, both by my example and by my words. Happy are those who are persecuted because they do what God requires.

Twelve Steps

Christ-Centered Journey

Step 1. We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable. *I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. (Romans 7:18)*

Step 2. We came to believe that a power greater could restore us to sanity. *For it is God who works in you to will and to act according to his good purpose. (Philippians 2:13)*