

19 December 2021

But the Lord said to Samuel, "Don't judge by his appearance or height, for I have rejected him. The Lord doesn't see things the way you see them. People judge by outward appearance, but the Lord looks at the heart." (1 Samuel 16:7 NLT)

### 1. People judge by looks and God judges by heart.

The eyes of the Lord search the whole earth in order to strengthen those whose hearts are fully committed to him. (2 Chronicles 16:9a NLT)

### 2. God's looking for a heart like yours

Charm is deceptive, and beauty does not last; but a woman who fears the Lord will be greatly praised. (Proverbs 31:30 NLT)

### 3. Spiritual beauty is more important than physical beauty.

Thank you for making me so wonderfully complex!

Your workmanship is marvelous—how well I know it. (Psalms 139:14)

### 4. You are created in the image of God and He considers you a masterpiece

For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago. (Ephesians 2:10)

### 5. Be a spiritual Olympian

"Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come." (1 Timothy 4:8 NLT)